

May 16, 2022

**Dear École St. Paul School families,**

Cameco is offering a FREE two-month activity program (June and September) for students in Grades 4-8 with a celebration event on September 23<sup>rd</sup>, 2022, at Diefenbaker Park in Saskatoon.

For three years, Cameco has organized Step Up for Mental Health – a 5km/10km run or walk in Saskatoon to raise money for mental health supports in our province. This year's run is September 24<sup>th</sup>, 2022, through the streets of downtown Saskatoon. Adults can register at [www.stepupsk.ca](http://www.stepupsk.ca). Cameco donates all registration fees for all adults – and matches all registration fees – to mental health charities in our province. In the first three years, Cameco has donated \$1.3 million.

This is the fourth year of Step Up for Mental Health, and this year, Cameco wanted to offer a student version on September 23<sup>rd</sup>, the day before the adult run. The student version is entirely FREE and is open to the first 2,000 students who register through schools contacting Cameco.

We think this activity will begin after school on Sept 23<sup>rd</sup>, 2022, but we do not have any specifics yet. More information will be communicated as soon as possible.

We would like to quickly register our St. Paul students who will be in Grades 4-8 during the 2022-2023 academic year. **Participation is completely optional.** If interested, please fill out the bottom portion of this letter which will express your child's commitment to the 2Km walk/run on September 23<sup>rd</sup>, 2022.

**We ask that the permission sheet be returned to school by this Friday, May 20<sup>th</sup>, 2022.** Please note that **parents/guardians are responsible for your child's transportation to and from this event.** Our volunteer staff will be preparing your child by training them for the run during the lunch hours.

If your child does not wish to participate in this activity, you can simply recycle this letter.



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## Permission Cameco Step Up for Mental Health – Student Version

\*Please fill out one for each child who is interested in participating.

**Yes**, my child \_\_\_\_\_  
**will participate** in the Step Up for Mental Health run on Friday, September 23<sup>rd</sup>, 2022.

**Child's grade** in the 2022-2023 school year: (Please circle one)

Gr4   Gr5   Gr6   Gr7   Gr8

**Hoodie size:** (Please circle one)

Youth SM   Youth MED   Youth LG  
Adult SM   Adult MED   Adult LG